



OFFICIAL NFHS DIVING SCORESHEET

ORDER OF FINISH	
TOTAL POINTS AWARDED	
Diving Order	

Name _____ Grade _____ School _____ Date _____
 Meet _____ Site _____ J. V. _____ Male _____ Female _____
 Class _____ Varsity _____

PRELIMS (Dives 1-5: 2 Vol. & 3 Opt.)

Dive Order	Dive Number	DIVE DESCRIPTION	Dive Position	JUDGES SCORES							Judges Total	Deg. of Diff.	POINTS AWARDED
				1	2	3	4	5	6	7			
1													
2													
3													
4													
5													

SEMI-FINALS (Dives 6, 7, 8 -- 2 Vol. & 1 Opt.)

6													
7													
8													

FINALS (Dives 9, 10, 11 -- 1 Vol. & 2 Opt.)

9													
10													
11													

TOTAL POINTS AWARDED

T/C = Tuck, P/B = Pike, S/A = Straight, F/D = Free (See Back for Diving Table)

DUAL MEETS:

List voluntary dive first. Spaces 2-6 for optional dives

CHAMPIONSHIP & OTHER 11-DIVE MEETS:

List dives in each section as per instructions

Signed: _____
 Diver _____
 Coach _____
 Referee _____

Total D.D. Voluntary Dives _____
 Total D.D. Optional Dives _____

ONE METER DIVING TABLE

Dive Order	Dive No.	T/C	P/B	S/A	F/D
FORWARD DIVES					
101	Forward Dive	1.2	1.3	1.4	1.5
102	Forward 1 SS	1.4	1.5	1.6	1.7
103	Forward 1 1/2 SS	1.6	1.7	1.8	1.9
104	Forward 2 SS	2.2	2.3	2.4	2.5
105	Forward 2 1/2 SS	2.4	2.5	2.6	2.7
106	Forward 3 SS	2.9	3.0	3.1	3.2
107	Forward 3 1/2 SS	3.0	3.1	3.2	3.3
112	Forward Flying 1 SS	1.6	1.7	1.8	1.9
113	Forward Flying 1 1/2 SS	1.8	1.9	2.0	2.1
BACK DIVES					
201	Back Dive	1.5	1.6	1.7	1.8
202	Back 1 SS	1.0	1.1	1.2	1.3
203	Back 1 1/2 SS	1.0	1.1	1.2	1.3
204	Back 2 SS	2.2	2.3	2.4	2.5
205	Back 2 1/2 SS	2.2	2.3	2.4	2.5
212	Flying Back 1 SS	1.6	1.7	1.8	1.9
REVERSE DIVES					
301	Reverse Dive	1.6	1.7	1.8	1.9
302	Reverse 1 SS	1.6	1.7	1.8	1.9
303	Reverse 1 1/2 SS	2.1	2.2	2.3	2.4
304	Reverse 2 SS	2.3	2.4	2.5	2.6
305	Reverse 2 1/2 SS	3.0	3.1	3.2	3.3
312	Flying Reverse SS	1.7	1.8	1.9	2.0
INWARD DIVES					
401	Inward Dive	1.4	1.5	1.6	1.7
402	Inward 1 SS	1.6	1.7	1.8	1.9
403	Inward 1 1/2 SS	2.2	2.3	2.4	2.5
404	Inward 2 SS	2.8	2.9	3.0	3.1
405	Inward 2 1/2 SS	3.1	3.2	3.3	3.4
412	Inward Flying SS	2.0	2.1	2.2	2.3
413	Inward Flying 1 1/2	2.7	2.8	2.9	3.0
TWIST DIVES					
511	Forward Dive, 1/2 Twist	1.7	1.8	1.9	2.0
512	Forward Dive, 1 Twist	1.9	2.0	2.1	2.2
5121	Forward 1 SS, 1/2 Twist	1.8	1.9	2.0	2.1
5122	Forward 1 SS, 1 Twist	1.9	2.0	2.1	2.2
5124	Forward 1 SS, 2 Twists	2.3	2.4	2.5	2.6
5126	Forward 1 SS, 3 Twists	2.7	2.8	2.9	3.0
5131	Forward 1 1/2 SS, 1/2 Twist	2.0	2.1	2.2	2.3
5132	Forward 1 1/2 SS, 1 Twist	2.2	2.3	2.4	2.5
5134	Forward 1 1/2 SS, 2 Twists	2.6	2.7	2.8	2.9
5136	Forward 1 1/2 SS, 3 Twists	3.0	3.1	3.2	3.3
5152	Forward 2 1/2 SS, 1 Twist	3.0	3.1	3.2	3.3
5211	Back Dive, 1/2 Twist	1.8	1.9	2.0	2.1
5212	Back Dive, 1 Twist	2.0	2.1	2.2	2.3
5221	Back 1 SS, 1/2 Twist	1.7	1.8	1.9	2.0
5222	Back 1 SS, 1 Twist	1.9	2.0	2.1	2.2
5223	Back 1 SS, 1 1/2 Twists	2.3	2.4	2.5	2.6
5225	Back 1 SS, 2 1/2 Twists	2.7	2.8	2.9	3.0
5231	Back 1 1/2 SS, 1/2 Twist	2.1	2.2	2.3	2.4
5233	Back 1 1/2 SS, 1 1/2 Twists	2.5	2.6	2.7	2.8
5235	Back 1 1/2 SS, 2 1/2 Twists	2.9	3.0	3.1	3.2
5251	Back 2 1/2 SS, 1/2 Twist	2.7	2.8	2.9	3.0
5311	Reverse Dive, 1/2 Twist	1.9	2.0	2.1	2.2
5312	Reverse Dive, 1 Twist	2.1	2.2	2.3	2.4
5321	Reverse 1 SS, 1/2 Twist	1.8	1.9	2.0	2.1
5322	Reverse 1 SS, 1 Twist	2.0	2.1	2.2	2.3
5323	Reverse 1 SS, 1 1/2 Twists	2.4	2.5	2.6	2.7
5325	Reverse 1 SS, 2 1/2 Twists	2.8	2.9	3.0	3.1
5331	Reverse 1 1/2 SS, 1/2 Twist	2.2	2.3	2.4	2.5
5333	Reverse 1 1/2 SS, 1 1/2 Twists	2.6	2.7	2.8	2.9
5335	Reverse 1 1/2 SS, 2 1/2 Twists	3.0	3.1	3.2	3.3
5351	Reverse 2 1/2 SS, 1/2 Twist	2.7	2.8	2.9	3.0
5411	Inward Dive, 1/2 Twist	1.7	1.8	1.9	2.0
5412	Inward Dive, 1 Twist	1.9	2.0	2.1	2.2
5421	Inward 1 SS, 1/2 Twist	1.8	1.9	2.0	2.1
5432	Inward 1 SS, 1 Twist	2.1	2.2	2.3	2.4
5434	Inward 1 1/2 SS, 1 Twist	2.7	2.8	2.9	3.0
5434	Inward 1 1/2 SS, 2 Twists	3.1	3.2	3.3	3.4

- Instructions for Use**
- Refer to diving table provided on the left to complete the diving scoresheet.
 - For each dive, write the diver's number, position and degree of difficulty in the space provided, circle the voluntary dive number, sign the scoresheet, then have the coach sign it. Total the degree of difficulty for voluntary and optional dives at the bottom of the diving scoresheet.
 - The cumulative total of the actual degree of difficulty (dd) for the five voluntary dives shall not exceed 9.0.
 - For meets requiring cancellation of high and low judge's scores, the scorer circles those scores which will be used in establishing the score for that dive.
 - The scorer keeps the diver's cumulative running score on the second line of each diver's Points Awarded column.
 - The diving referee checks the scorer's tabulation and signs the scoresheet.
 - For further information and reference, see sample scoresheet below.



OFFICIAL NFHS DIVING SCORESHEET

Name Donna Stewart Grade 11 School Carmel H.S.
 Meet Regionals Site Carmel H.S. Date 12-1-2001
 Class Senior Varsity X J.V. Male Female X

ORDER OF FINISH	5
TOTAL POINTS AWARDED	396.10
Diving Order	8

PRELIMS (Dives 1-5; 2 Vol. & 3 Opt.)

Dive Order	Dive Number	DIVE DESCRIPTION	Dive Position	JUDGES SCORES							Judges Total	Dive DIF.	POINTS AWARDED
				1	2	3	4	5	6	7			
1	302	Reverse 1 ss	5	6	6.5	6.0	5.5	6	6	6.5	18	1.8	3
2	102	Forward 1 1/2 ss	7	7	7	7.5	8	7	8	7.5	22	1.6	3
3	511	Forward Dive 1/2 Twist	5	7	7	6	7	6.5	6.5	7	20.5	1.6	3
4	402	Inward 1 ss	1	6	7	6.5	7	7	7	6.5	20.5	1.6	3
5	201	Back Dive	5	5	5	5	5	5	5	5	15.5	1.7	3

SEMI-FINALS (Dives 6, 7, 8 -- 2 Vol. & 1 Opt.)

6	5122	Forward 1 ss - 1 Twist	F	6	6	5.5	5.5	6	6	6	18	1.9	3
7	301	Reverse Dive	P	7	7	6.5	7	6.5	7	7	21	1.7	3
8	105	Forward 2 1/2 ss	P	6	6	5.5	6	6	6	6	18	2.0	3

FINALS (Dives 9, 10, 11 -- 1 Vol. & 2 Opt.)

9	203	Back 1 1/2 ss	P	5	5	5	5.5	5.5	5	5	15	2.3	3
10	401	Inward Dive	P	7	7	7.5	7	7	7	7	21.5	1.5	3
11	5134	Forward Dive 1 1/2 ss - 2 Twists	F	5	5	5	5	5	5	5	15	2.6	3

Signed: Donna Stewart Diver
Theresa Kay Bouchard Coach
Chad O'Neil Referee

T/C = Tick, P/B = Dive, S/A = Straight, F/D = Free (See Back for Diving Table) TOTAL POINTS AWARDED 396.10

DUAL METERS: List voluntary dive first. Spaces 2-4 for optional dives. CHAMPIONSHIP & OTHER 11-DIVE METERS: List dives in each section as per instructions. Total O.D. Voluntary Dives 84
 Total O.D. Optional Dives 127



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