G I R L S

University Interscholastic League
Swimming Official Entry

District [Due 10 days prior to meet]

(check one) Regional [Due 3 days prior to meet (Fax: see regional list in manual)]

City_____ School _____ Conf. 4A 5A District _____ Region_____ Coach _____ Coaches Home Phone # _____

LIST OF CONTESTANTS: To indicate entry in an individual event, opposite the contestant's name and in the column under that event, type best time this school year for district meet competition and final time in district/regional for regional/state meet. List one time for each relay team. Eight swimmers may be listed for each relay event, any of whom may swim for prelims/finals (only counts as an event if swim). Use the additional sheets if necessary. TYPE contestant's full name (last, first) and his grade (9, 10, 11, 12). **NAME:** **GRADE:** **Example: Brown, Jane 12**	**1** 200-yd Medly Relay *List qualifying time and up to 8 swimmers*	**3** 200-yd Freestyle	**5** 200-yd Individual Medley	**7** 50-yd Freestyle	**9** One-meter Springboard Diving X	**11** 100-yd Butterfly	**13** 100-yd Freestyle	**15** 500-yd Freestyle	**17** 200-yd Freestyle Relay *List qualifying time and up to 8 swimmers*	**19** 100-yd Backstroke	**21** 100-yd Breastroke	**23** 400-yd Freestyle Relay *List qualifying time and up to 8 swimmers*

SCRATCHES FOR REGIONAL MEET -- CONTACT REGIONAL DIRECTOR (see list in manual)