



















## UIL Anabolic Steroid Testing Questions and Answers



**Q: If an exit test comes back with a positive result, is the student-athlete subject to the next highest penalty?**

A: Not automatically. Only if an exit Anabolic steroid test shows ‘new use’ of an Anabolic Steroid, including, but not limited to, a different Anabolic Steroid from the previous positive test, an increased level of the same Anabolic Steroid, or show continuing use of the same Anabolic Steroid from the previous positive test, would the student-athlete in question be subject to the next highest penalty as outlined in section 3.2 of the protocol.

**Q: What constitutes a second positive test?**

A: A student-athlete could be selected for testing more than one time during his/her high school career. As such, a student-athlete who tests positive his/her freshman year and tests positive again if selected in his/her junior year would have a second positive test.

Also, if a student-athlete who has a first positive test is found to have ‘new use’ of an anabolic steroid on his/her exit test as mentioned above, that would be considered a second positive test.

### Exceptions

**Q: Are there any exceptions that would allow a student who tests positive for an anabolic steroid to be exempt from any penalties?**

A: A student-athlete or his/her parent may request a medical exception for use of an anabolic steroid either (1) prior to being selected for testing for Anabolic Steroid testing, or (2) after being informed of a positive result for Specimen A. See section 8.10 of the UIL Anabolic Steroid Testing Program Protocol for the specific processes involved for requesting a medical exception.

**Q: How can a student-athlete file for a medical exception?**

A: A student-athlete may file a request for a Medical Exception on the official UIL Request for Medical Exception Form that will be available for download on the UIL web site.

**Q: On what basis can a medical exception be granted?**

A: If the student-athlete’s physician can provide a documented medical history demonstrating the need for the use of an Anabolic Steroid a medical exception may be granted. A documented medical history refers to medical records provided by a licensed practitioner with prescriptive authority documenting that an anabolic steroid was dispensed, prescribed, delivered and administered for a valid medical purpose in the course of professional practice.

**Q: How long will it take for the Medical Review Officer to make a decision on granting or denying a medical exception?**

A: The Medical Review Officer will make a decision regarding a medical exception within one week (5 business days) of receiving all required documentation needed to make a final decision.

**Q: Can the Medical Review Officer’s decision be appealed?**

A: No. The Medical Review Officer’s decision regarding a medical exception is final and cannot be appealed.