

**~ SPRING MEET ATHLETIC CALENDAR ~**

**Note: Dates for District, Regional and State Spring Meet athletic events (Golf, Tennis and Track & Field) are tentative, based on TAKS Tests being administered on April 28-May 1.**

April 6-11	Golf & Tennis: First week for district meets, all conferences.
April 6-11	Track & Field: First week for district meets, 2A, 3A, 4A, & 5A.
April 11	Track & Field: District certification deadline, 1A.
April 13-18	Golf & Tennis: Last week for district meets, all conferences.
April 13-18	Track & Field: Last week for district meets, 2A, 3A, 4A, 5A.
April 18	Track & Field: Area certification deadline, 1A.
April 20-22	Golf & Tennis: Regional meets.
May 1-2	Track & Field: Regional meets.
To be Announced	Tennis State Meet.
May 11-12	Golf State Meet, 1A, 2A & 4A.
May 14-15	Golf State Meet, 3A & 5A.
May 15-16	Track & Field State Meet.

**~ TRACK & FIELD NFHS RULE CHANGES ~**

3-9-2

Specifies that for gun starts only a closed barreled starter's pistol may be used by the starter. Rationale: It is not appropriate to use a live weapon at an educational event and in most cases state law prohibits firearms on school grounds and school events. The starter's pistol is adequate to produce the desired result for the starting of a race.

3-9-6

When fully automatic timing (FAT) is used, timing shall be recorded in one one-hundredths of a second and all ties for place finishes and/or determining qualifiers for a subsequent round shall be broken by using timing to one one-thousandths of a second if the system allows. Rationale: Fully automated timing is considered accurate and reliable enough to use 1/100th to break ties and advance competitors to subsequent rounds of competition and is therefore reliable and accurate enough to break ties to determine final places or lane assignments.

3-9-9 new

Indoor and outdoor meets using fully automatic timing (FAT) may be started by a .32 or .22 caliber starter's pistol (closed barrel) or electronic, gunless device for record purposes. Rationale: The FAT systems do not require the noise of a .32 caliber, and a .22 caliber is clearly heard by competitors and provides adequate smoke for manual timing.

6-4-9c, 6-5-9c

A competitor in the throwing events may enter and exit the circle without a foul providing it occurs within the time allowed for the trial and before the competitor starts his/her attempt beginning with the pause. Rationale: The competitor should be able to exit the circle and return to dry his/her hands, clean his/her shoes, wipe off the throwing implement etc. without penalty providing the throw is completed within the allotted time which begins when the competitor is called "up."

7-4-11, 7-5-18

Deletes the option for the event judge to place a cloth marker on the crossbar for sighting purposes. Rationale: The current crossbars are of a bright contrasting color which no longer present a sighting problem for competitors and therefore the use of the cloth is no longer in use for competition.

## 7-5-3 Note new

Visible etchings which appear on poles shall not meet the requirement of the manufacturer's pole rating appearing on the pole in a contrasting color. Rationale: Most poles have an etching on the pole which is a code to the manufacturer. This code most frequently does not correspond to the proper weight rating for the pole. The rating appearing as the mark in contrasting color is established by the manufacturer is clearly visible and serves only this purpose. The requirement is for purposes of risk minimization and should be adhered to strictly.

## 7-5-29

Clarifies the original intent to permit a competitor in the pole vault to abort the approach and in stopping plant the pole and momentum causes his/her feet to leave the ground without being considered a foul. It is a foul if a vaulter leaves the ground in an attempt and fails to clear the crossbar. Rationale: The change in 7-5-29 last year by the committee was not intended to allow a vaulter to abort a vault but rather to have the opportunity to stop and abort the approach. However, the language was not clear and as written allowed a vaulter to abort a vault. This change clearly reflects the original intent of the committee to abort only the approach and have the opportunity to restart the approach. This exception is appropriate for the high school vaulter.

## Editorial Changes

2-3-2; 4-3-1c2, 9-6-1b2; 4-3-2b; 4-5-8b; 4-5-10; 5-4 Note; 5-7-3; 6-4-5; 6-4-7; 6-5-5; 6-5-7; 6-6-2; 6-6-3; 6-6-6; 7-1-4; 7-5-4; 7-5-4 new Note; 7-5-13; 9-1-1; 9-6-4

## Points of Emphasis

1. Electronic devices
2. Observed violation reporting procedures
3. Starters pistols
4. Equipment failure
5. Pole vault
6. Visible undergarments in Track and Field and Cross Country

### ~ UIL RULE CHANGES ~

All amendments below are effective for the 2008-09 school year, unless otherwise noted.

- Allow for a fee increase for officials in all sports.
- Clarify the fee schedule and reimbursement paid by schools to officials.
- Require all first year coaches and any coach who is not a full-time employee of the school district to complete the NFHS Fundamentals of Coaching Course prior to their participation as a coach for any UIL member school (Exception: Retired teachers/administrators with 20 or more years experience and student teachers).
- Alter the penalty for a coach who is ejected from a contest, and fails to have the ejection overturned, by requiring the NFHS Fundamentals of Coaching Course.
- In Conference 4A, allow four teams to advance from each district to the playoffs in the team sports of baseball, basketball, football, soccer, softball and volleyball.
- In Conference 4A, establish regional tournaments in soccer and volleyball.
- Require annual training for at least one member of each UIL district executive committee for basketball.
- In soccer, expand the 4A alignment from 32 to 64 districts.
- Establish the penalties for a positive anabolic steroid test result.
- Create a mechanism for a procedural appeal of a positive anabolic steroid test result.

~ GOLF PLAN ~

**Excerpt from the UIL Constitution and Contest Rules.**

Section 1260: GOLF PLAN

- (a) ATHLETIC PURPOSES, CODES, PLAN APPLICABLE. Rules in Sections 1200-1209 apply to the Golf Plan.
- (b) DIVISIONS. There shall be the following divisions in girls' and boys' districts: (1) singles and (2) teams consisting of five (or a minimum of four) entries from the same high school. The singles representatives may also be a member of the team. The medalist for each respective meet is singles champion, regardless of whether he/ she is a member of a team or a single entry.
- (c) REPRESENTATION.
  - (1) *Team Limit.* At the district meet each high school may enter three singles and two teams in each division.
  - (2) *Qualifiers to Regional Meet.* Each district may qualify the first and second place teams and the first and second place individuals to regional competition. If one of the first two individual finishers is on an advancing team, the next highest ranked individual who is not on an advancing team shall advance. If both of the first two individual finishers are on advancing teams, the next two highest ranked individuals who are not on advancing teams shall advance. Meet director shall authorize play-offs to break ties (see manual.)
  - (3) *Qualifiers to State Meet.* Each region may qualify the first and second place teams and the first and second place individual finishers, to state competition. If one of the first two individual finishers is on an advancing team, the next highest ranked individual who is not on an advancing team shall advance. If both of the first two individual finishers are on advancing teams, the next two highest ranked individuals who are not on advancing teams shall advance.
  - (4) *Certification.* Winners will be certified to the next higher meet by the meet director.
  - (5) *Team Member Changes.* Teams qualifying to the next meet qualify as a school team and members can be changed before the next qualifying meet begins.
  - (6) *Boys', Girls' Team Restrictions.* No girls' teams shall compete against boys' teams and vice versa.
  - (7) *Closing of Entries.* Entries shall not be allowed for district meets unless submitted to the director on or before the tenth day before the first day of the tournament. Districts may authorize a later meeting after the entries are due, to allow for substitutions.
  - (8) *Disqualifications.* A player disqualified (for other than an unsportsmanlike conduct violation) shall have the disqualification apply only to the 18-hole round in which the infraction occurred.
- (d) SUBSTITUTION.
  - (1) *No Singles Substitution.* There shall be no substitution allowed in the singles.
  - (2) *Team Substitution.* Once a meet has started no substitution shall be allowed to the school team composed of five players. Exception: Injury or illness certified by a physician prior to any 18-hole competition.
  - (3) *District Tournament.* In districts playing more than 36 holes, district executive committees shall authorize substitution standards prior to the beginning of competition.
- (e) INVITATIONAL TOURNAMENTS.
  - (1) *Number of Meets.* No student representing a participant school shall participate in more than eight tournaments during the school year, excluding one 36-hole maximum district tournament, the regional tournament and the state tournament. Each tournament a school team enters counts as one tournament for each participating individual. Students are considered to be representing their school if they are wearing and/or using school equipment or being directed or transported by a school employee. Tournaments which are limited to three or fewer schools, do not count as a tournament for participants, provided there is no loss of school time.
  - (2) *School Week Limitation.* No student representing a participant school shall participate in more than one tournament per school week (the first instructional day of the week through the last school day of the week). Exceptions: the regional and state tournament, and district varsity tournaments postponed by weather or public disaster, may also be scheduled during the school week. Schools shall not enter invitational golf tournaments scheduled on more than one school day per any one tournament.
  - (3) *End of Season.* Students and teams shall not represent a participant school in any golf tournament after the date of the state golf tournament.

- (4) *Scoring*. In invitational tournaments consisting of 36 holes or less (e.g., a 27-hole tournament), team honors shall be determined by totaling the best four scores for all holes actually played.
- (5) *Cancellation or Continuation*. A tournament is considered a tournament when all contestants have played one half of the predetermined length. (It is recommended that in order to prevent additional loss of school time, the tournament be called and a champion determined on less than the scheduled number of holes.) However:
  - (A) If the second half of the tournament has not begun and the tournament cannot be continued, the remaining holes may be played at a later date without counting as another tournament provided there is no additional loss of school time.
  - (B) If less than half of the tournament has been played and the tournament cannot be continued the tournament may be canceled and does not have to count as one of the allowable 8 tournaments. (If there was a loss of school time, the tournament must be counted.)
- (6) *Time and Order of Starting*. The players shall start at the time and in the order arranged by the committee or director. The penalty for breach of this rule is disqualification.
- (f) TIES.
  - (1) *Individual Ties*. Individual (singles) ties shall be determined by playing additional hole or holes until the tie is broken.
  - (2) *Team Ties*. Team ties shall be broken by the 4 players with the best scores on the final 18 holes being involved in the playoff of additional hole or holes until the tie is broken.
- (g) PLAYOFF STRUCTURE.
  - (1) *Individual Medalist*. The individual with the lowest score will be the medalist. The medalist may be the representative in the singles and/or may be a member of the team. The individual, regardless if team member or singles qualifier, who has the lowest score will win the medalist honors and be the singles winner.
  - (2) *Team Honors*. Team honors shall be determined by adding the best four scores for each 18-hole round of the five players who enter as a team.
  - (3) *Team Winners*. The team with the lowest score will be the team winner.
  - (4) *Ties*. In case of a tie, the four players with the best scores on the final 18 holes will be involved in the playoff.
  - (5) *Monitors*. In district, regional and state competition, golf coaches or qualified volunteers should be assigned to foursomes for monitoring play.
  - (6) *Regional, State Meets*. All entries in the regional and state golf meets will play a total of 36 holes unless the tournament director determines it is necessary to play fewer than 36 holes (a minimum of 9 holes must be played).
  - (7) *Practice Round*. Individuals and/or teams qualifying for regional and/or state golf may be permitted one practice round of 18 holes at the site of the regional and/or state golf tournament if permitted by the regional and/or state director. Schools shall not use more than one hour during the school day for practice rounds. There shall be no more than one day loss of school time involved in practice or travel in relation to practice preceding the tournament. Once a practice round has been completed, neither teams nor individuals are allowed to return to the site on another day to chip and/or putt. See Section 1206.
  - (8) *Electronic Equipment*. No electronic equipment is allowed at the district, regional or state tournaments.

~ TENNIS PLAN ~

Excerpt from the UIL Constitution and Contest Rules.

Section 1300: TENNIS PLAN (INDIVIDUALS AND DOUBLES)

- (a) ATHLETIC PURPOSES, CODES, PLAN APPLICABLE. Rules in Sections 1200-1209 also apply to the Tennis Plan.
- (b) DIVISIONS.
  - (1) *Boys', Girls' Divisions.* There shall be the following divisions in the respective conferences:
    - (A) High school boys, singles and doubles;
    - (B) High school girls, singles and doubles;
    - (C) Mixed doubles.
  - (2) *Entries.* At the district meet each school may enter two boys' singles and two girls' singles, two boys' doubles and two girls' doubles, and two mixed doubles teams.
  - (3) *Girls', Boys' Team Restrictions.* No girls' team shall compete against boys' teams and vice versa.
- (c) PARTICIPATION LIMITATIONS. In contests which count on League standing, an individual shall not be allowed to compete in both singles and doubles or mixed doubles, or in both doubles and mixed doubles.
- (d) CHAMPIONSHIP STRUCTURE.
  - (1) *Closing District Entries.* No entries shall be allowed for district meets which are not submitted to the director on or before the tenth day before the first day of the meet unless other arrangements have been previously authorized by the district executive committee. Districts may authorize a meeting after the entry deadline to allow for substitutions.
  - (2) *Regional Contests.* The winners of first and second places in district contests, singles and doubles, boys and girls, and mixed doubles are eligible to enter the regional contests. The UIL staff will provide tournament seeding recommendations.
  - (3) *State Contests.* The first and second place contestants in the regional tournaments in all conferences qualify to enter the state tournament.
  - (4) *Number of Matches and Sets.*
    - (A) *Determining the Winners.* In all matches, the best two-out-of-three sets shall determine the winners.
    - (B) *Limit on Matches.* No contestant or team shall play more than three matches per day. Note: under the team tennis plan different restrictions exist. There shall be a minimum of one hour's rest for a team or player between the close of one match and the beginning of another. This rule shall apply only to district, regional and state competition.
  - (5) *Substitutions.*
    - (A) *District.* In district meets, the district executive committee shall set entry deadlines. The district executive committee may set guidelines on substitutions prior to the start of the tournament.
    - (B) *Regional and State.* In regional and state meets, no substitutions in singles will be allowed. A substitution for tennis doubles and mixed doubles will be permitted prior to the start of the tournament if a player is injured, ill or academically ineligible.
    - (C) *Limit on Substitution.* After a tournament has begun, no substitution will be allowed.
- (e) INVITATIONAL TOURNAMENTS.
  - (1) *Number of Tournaments.* No student representing a participant school shall participate in more than eight tournaments (total for tennis and team tennis combined) during the school year, excluding one district tennis tournament, the regional tournaments and the state tournament. (Note: The team tennis district tournament counts as one of the eight allowable tournaments if school time is lost.) Each tournament a school team enters counts as one tournament for each participating individual. Students are considered to be representing their school if they are wearing and/or using school equipment or being directed or transported by a school employee.
  - (2) *Exceptions:*
    - (A) Triangular matches which are limited to three or fewer schools, do not count as a tournament for participants, provided there is no loss of school time.
    - (B) If no more than four teams meet to play predetermined opponent(s), it shall not be counted as one of the eight tournaments allowed the individual if no school time is lost and if no tournament draw is set to determine a champion.

- (3) *School Week Limitation.* No student representing a participant school shall participate in more than one contest (tournament, dual, or triangular match) per school week (the first instructional day of the week through the last school day). Schools shall not enter invitational tennis tournaments scheduled on more than one school day per any one tournament. Exceptions: the regional and state tournaments, and district varsity tournaments postponed by weather or public disaster, may also be scheduled during the school week.
- (4) *End of Season.* Students and teams shall not represent a participant school in any tennis tournament after the date of the state tennis tournament.
- (f) WEATHER CANCELLATION OR CONTINUATION. A tournament postponed or canceled by weather is considered a tournament when all semi-final matches have been completed. The remaining matches may be played at a later date (preferably Monday or Tuesday of the next week) without its counting as another tournament, provided there is no loss of school time. When all semi-final matches have not been completed, the tournament director has three options:
  - (1) The tournament may be canceled and not count as a tournament for the individuals or the school.
  - (2) The tournament may be continued, provided there is no additional loss of school time.
  - (3) The tournament may be continued with loss of school time and shall count as two tournaments.
- (g) PRACTICE REGULATIONS OUTSIDE THE SCHOOL YEAR. Any tennis practice conducted by a school outside the school year must be in accordance with the following regulations:
  - (1) Student-athletes shall not engage in more than three hours of practice activities on those days during which one practice is conducted.
  - (2) Student-athletes shall not engage in more than five hours of practice activities on those days during which more than one practice is conducted.
  - (3) The maximum length of any single practice session shall be three hours.
  - (4) On days when more than one practice is conducted, there shall be, at a minimum, one hour of rest/recovery time between the end of one practice and the beginning of the next practice.

### ~ TRACK & FIELD PLAN ~

Excerpt from the UIL Constitution and Contest Rules.

#### Section 1320: TRACK AND FIELD PLAN.

- (a) ATHLETIC PURPOSES, CODES, PLAN APPLICABLE. Rules in Sections 1200-1209 also apply to the Track and Field Plan.
- (b) DIVISIONS. There shall be a boys' division and a girls' division in the respective conferences. Girls' teams shall not compete against boys' teams, and vice versa.
- (c) REPRESENTATION. Each member school may enter one boys' team and one girls' team in the district meet, advancing to regional and state meets as provided in the Spring Meet Plan.
  - (1) *Number in Each Event.* Each school shall be allowed a maximum of three contestants in each individual event. Only one relay team per school may be entered.
  - (2) *Individual Events.* In individual events a school may enter in the next higher meet only the same individuals and in the same events as they qualified for in the preceding meet.
  - (3) *Alternates.* If a qualified contestant cannot enter the next higher meet, then the next place winner in that event at the lower meet shall be qualified to participate.
  - (4) *Relays.* In the relay event, qualification is by school and not individual. Individuals qualifying only as a member on the relay team may not enter any individual event in the next higher meet.
- (d) POINTS. The point system in scoring high school track meets shall be the same in all meets which count on League standing.
  - (1) *Points for Individual Events and Relays.* Points shall be given in individual events as follows: First place 10 points, second place 8 points, third place 6 points, fourth place 4 points, fifth place 2 points, sixth place 1 point. Points for relays shall be as follows: first place 20 points, second place 16 points, third place 12 points, fourth place 8 points, fifth place 4 points, sixth place 2 points.
  - (2) *Points to All Finishers.* Points shall be awarded to all finishers (first through sixth).
  - (3) *Individual Honors.* In computing individual honors a contestant's points on the relay team shall also be counted; i.e., each contestant on the winning relay team shall receive five points for individual honors.

## (e) EVENTS.

(1) *Order of Events.* The events and order in which they shall be held, are:(A) *Running Events.*

- (i) 3200-meter run: girls; boys
- (ii) 400-meter relay: girls; boys
- (iii) 800-meter run: girls; boys
- (iv) Girls' 100-meter hurdles (33")
- (v) Boys' 110-meter hurdles (39")
- (vi) 100-meter dash: girls, boys
- (vii) 800-meter relay: girls; boys
- (viii) 400-meter dash: girls; boys
- (ix) Girls' 300-meter hurdles (30")
- (x) Boys' 300-meter hurdles (36")
- (xi) 200-meter dash: girls; boys
- (xii) 1600-meter run: girls; boys
- (xiii) 1600-meter relay: girls; boys

(B) *Girls' Field Events.*

- (i) 4-kilo shot put
- (ii) Discus
- (iii) High jump
- (iv) Long jump
- (v) Triple jump
- (vi) Pole vault

(C) *Boys' Field Events.*

- (i) Pole vault
- (ii) High jump
- (iii) 12-pound shot put
- (iv) Long jump
- (v) Discus
- (vi) Triple jump

(2) *Metric Distance Only.* The 3200-meter run, the 100-meter dash, and the 1600-meter run for both boys and girls shall be run at the metric distances only.(3) *Feet/Yard Equivalents.* In the 400, 800 and 1600 meter relays and the 200, 400 and 800 meter dashes and runs, the equivalent yard distances may be run.

## (f) EVENT LIMITATIONS.

(1) *Event Limitations.* A contestant shall not be allowed to compete in more than three running events, including the relays, and in not over five events total.(2) *Selections.* No contestant shall be allowed to enter more than two of the following events: 440-yard dash or 400-meter dash, 880-yard run or 800-meter run, 1600-meter run, 3200-meter run. This does not prevent a 400, 800, 1600 or 3200-meter contestant from running in the relays provided he/she is entered in no more than 3 total running events.(3) *Field Events.* Contestants may enter five field events provided they are not entered in any running events.

## (g) ENTRIES FOR THE DISTRICT MEET.

(1) No entries shall be allowed for district meets which are not submitted to the director on or before the tenth day before the first day of the meet.

(2) Districts may authorize a scratch meeting after the entries are submitted to allow for substitutions.

(3) Schools should be permitted to scratch and add according to approved district executive committee regulations. Those events that have been entered by the school on the ten-day-prior entry form may be subject to some changes under the following suggested guidelines:

(A) Students who are not eligible 10 days prior to the meet, but may become eligible at the time of the scheduled district meet, may be listed on the entry form and assigned to events. They must be eligible at the time they actually compete.

(B) Students entered, but who have lost their eligibility because of the academic regulations, should be permitted to be dropped or scratched.

- (C) Other eligible participants should be permitted to be added to the vacated places. These substitutes should be on an eligibility form turned into the UIL office and the district chair prior to the contest, postmarked no later than the day of the meet.
  - (D) If a school which has not entered an event 10 days prior, wishes to enter an event at the time of the scratch meeting, it would be up to the district executive committee's policy or authorized meet director to determine if that school could enter.
- (h) **QUALIFICATION.** The district director shall certify first, second, and third place district winners for regional meets, except in Conference A where the first four winners will be certified to area competition, and the first four winners at area will be certified to regional competition. The regional director shall certify first and second place winners for the State Meet in accordance with the schedule provided in the Spring Meet Plan.
- (1) *Conferences 2A, 3A, 4A and 5A.* Three contestants can qualify for the regional meet and two contestants can qualify for the State Meet.
  - (2) *Conference A.* Four contestants qualify from each district to area; four contestants qualify from each area to region, and two contestants qualify from each region to State Meet.
  - (3) Qualifications are to be made in accordance with the National Federation Track and Field Rules.
  - (4) If a tie still exists after the application of these rules, then it will be decided by a coin toss and points split.
  - (5) Individual school entry blanks and entry fees are not required for the State Meet.
- (i) **REGIONAL AND STATE MEET ALTERNATES.**
- (1) *Alternates.* In the event a qualified contestant is unable to compete, regional and State Meet directors may permit the next highest place finisher to compete. Relays qualify by schools. Relay team members may be changed according to rule.
  - (2) *Restriction.* An alternate on a relay cannot participate in any other event except the relay unless the alternate qualified in another event. This rule is applicable in all regional meets and in the State Meet.
  - (3) *Preliminaries.* A contestant in an individual event must compete in the preliminaries in order to compete in the finals.
- (j) **REPORTING TO EVENT.** The director of the meet shall see that the preliminaries and the finals start at the scheduled times.
- (1) *No Excuse.* No excuse shall be accepted for failure of a team or contestant to appear at the time announced for the event to start.
  - (2) *Forfeiture.* Any contestant who fails for any reason to be on hand at the time of the preliminaries shall forfeit the right to compete in the preliminaries and the finals, in that event.
- (k) **COACH NOT ALLOWED ON FIELD.** At the regional and state meets, coaches and other school officials will not be allowed on the field. Districts may have similar restrictions.
- (l) **NO EXTRA TRIALS FOR RECORD.** Winners in the field events at the State Meet will not be allowed extra trials for a state record. Those who qualify for the finals will be allowed three additional trials, and the contestants will be credited with their best performance whether it was made in the preliminaries or in the finals.
- (m) **INVITATIONAL TRACK AND FIELD MEETS.**
- (1) *Number of Meets.* No student representing a participant school shall participate in more than eight meets during the school year, excluding one district meet, the Conference A area meet, the regional meet, a regional qualifiers meet, and the State Meet. Meets which are limited to three or fewer schools, do not count as a meet for participants, provided there is no loss of school time. Each meet a school enters counts as one meet for each participating individual. Students are considered to be representing their school if they are wearing and/or using school equipment or being directed or transported by a school employee.
  - (2) *Cancellation.* A track and field meet is considered a meet when one-half or more of the field events and one-half or more of the track events are completed. If less than one-half of the field events and less than one-half of the track events are completed, and the meet cannot be continued, the meet may be canceled and does not have to count as one of the allowable eight meets, unless there was loss of school time. A canceled meet must be counted if there was loss of school time.
  - (3) *School Week Limitation.* No student representing a participant school shall participate in more than one meet per school week (the first instructional day of the week through the last school day). Exceptions: The Conference A area meet, regional and state meets, and district varsity meets postponed by weather or public disaster, may also be scheduled during the school week.

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- (4) *Day of Week and Starting Time.* Students or teams representing a participant school are permitted to participate in an invitational track and field meet only as listed below:
    - (A) After 2:30 on Friday or the last day of the school week, or as early as the end of the academic school day for all participating schools on a day preceding a holiday or break. EXCEPTION: A student representing a participant school may participate in a maximum of two meets which start no earlier than 12:00 noon on Friday or the last day of the school week.
    - (B) Or on Saturday or school holidays;
    - (C) Or on any school day other than the last day of the school week with the following conditions:
      - (i) Students shall not miss any school time other than the in-school athletic class period.
      - (ii) Events shall not begin until after the end of the academic school day for all schools involved.
      - (iii) Schools utilizing this option are limited to a one day meet.
      - (iv) A school or student participating in this type of meet shall not enter another track and field meet during the same school week, Monday through Friday.
      - (v) No event shall start after 10:00 p.m.
  - (5) *End of District.* A participant school shall not enter a student or students in an invitational track and field meet after the final date for district certification of track and field representatives except those students qualifying for further competition as a qualifier, relay alternate (maximum of two alternates on any one relay team) or alternate (fourth place finisher at district) in the UIL regional or state meets. One regional qualifiers meet would not count in the allowable total of eight meets per student per year. A state qualifiers meet would count in the allowable total of eight meets per student per year.
  - (6) *End of Season.* Students and teams shall not represent a participant school in any track and field meet after the date of the State Track and Field Meet.