

~ WRESTLING CALENDAR ~

October 1	First day for minimum weight certification
November 9	First day for meets and tournaments
January 23	Last day for all weight certifications
February 6	District certification deadline
February 12-13	Regional meets
February 26-27	State meet

~ NATIONAL FEDERATION WRESTLING RULE CHANGES ~

1-2-1: In individually bracketed tournaments, the contestant representing a school shall be named by weight class prior to the conclusion of the weigh-in and no substitution is allowed after the conclusion of the weigh-in.

4-2-3: If a designated, on-site meet physician is present, the physician may examine a wrestler for a communicable skin disease or any other condition, either immediately prior to or immediately after the weigh-in.

4-5-3: Meet administrators now have the option to weigh-in contestants by weight class or team(s) in tournaments.

5-20-5 NOTE: In the offensive starting position, the offensive wrestler's head must be on or above the mid-line of the opponent's back and both wrestlers must become stationary.

9-2-2b, c NEW: Two new steps have been added to the dual-meet team tie-breaking system.

Editorial and Other Changes

3-1-4a; 3-1-7; 3-2-2a; 4-2-4; 4-5-2; 4-5-8; 5-1-3; 5-14-1, 2; 5-31-1; 6-6-5b1; 8-2-1 EXCEPTION g; 8-2-7; PHOTOS 10, 32-33, 59, 77 (NEW), 78, 85-86, 88; REFEREES' SIGNALS 4-7.

~ UIL RULE CHANGES ~

All amendments below are effective for the 2009-10 school year, unless otherwise noted.

- In football, Conference 1A, 11-man participating schools will be divided in to two divisions.
- Change in "Reclassification and Realignment" process by which six-man schools determine enrollment figures.
- Allow track and field regional and/or state qualifiers, including alternates to be eligible to participate in any event at a regional and/or state qualifiers meet. (Effective January 2009)
- Changes to the official fee scale for wrestling.
- Allow a school golf coach to coach from green to tee.
- Allow swimming and diving consolation finals at the regional meet.

- Change in the time frame to identify or place overage students in 504 or special education for an athletic eligibility waiver prior to the end of his or her second year in high school.
- Change to the softball practice start date.

## ~ WRESTLING PLAN ~

### Excerpt from the UIL Constitution and Contest Rules.

#### Section 1340: WRESTLING PLAN.

- (a) ATHLETIC PURPOSES, CODES, PLAN APPLICABLE. Rules in Sections 1200-1209 also apply to the Wrestling Plan.
- (b) DIVISIONS.
  - (1) Boys', Girls' Divisions. There shall be the following divisions:
    - (A) High School Boys.
    - (B) High School Girls.
  - (2) Boys', Girls' Restriction. No high school boy shall wrestle against a high school girl and vice versa. This prohibition is only applicable when the contest is held in Texas or in any other state that sponsors wrestling programs for both boys and girls. See Official Interpretation #15, Appendix 1.
- (c) DATES FOR COMPETITION.
  - (1) See Official Calendar.
  - (2) No school or student-athlete representing a school shall participate in a tournament or dual meet until the first Monday following the football district certification deadline and after the date for certifying district representatives.
- (c) MEETS AND TOURNAMENTS.
  - (1) Number of Tournaments. No student representing a participant school shall participate in more than eight tournaments during the school season excluding one district tournament and the regional and state tournaments. Each tournament the school team enters counts as one meet for each participating individual. Students are considered to be representing their school if they are wearing and/or using school equipment or being directed or transported by a school employee.
  - (2) Exceptions. Dual, triangular and quadrangular meets do not count as a tournament for participants provided there is no loss of school time.
  - (3) School Week Limitation. No student representing a participant school shall participate in more than one contest (tournament, dual, triangular or quadrangular) per school week (the first instructional day of the calendar week through the last school day). Exception: Regional and state competition.
- (e) END OF SEASON. Students and teams shall not represent a participant school in any wrestling meet or tournament after the date of the State Individual Championships.
- (f) RULES. All UIL tournaments will be conducted in accordance with National Federation Rules.
- (g) CHAMPIONSHIP STRUCTURE. See the Wrestling Coaches Manual for the championship structure.

**2009-10 Sport Season Dates and Number of Games Allowed**

	<b>Sport</b>	<b>Number of Contests Allowed</b>	<b>Conference</b>	<b>First Day of Practice</b>	<b>Certification Deadline</b>	<b>Date(s) of State Championship</b>
*	Baseball (Boys)	2 invitational tournaments plus 19 games or 3 invitational tournaments plus 17 games	all conferences	1/29	5/4	6/9-12/2010
*	Basketball (Girls)	3 invitational tournaments plus 21 games	all conferences	10/21	2/13	3/4-6/2010
*	Basketball (Boys)	3 invitational tournaments plus 21 games	all conferences	10/28	2/20	3/11-13/2010
**	Cross Country (Girls & Boys)	8 meets	all conferences	year round	10/31	11/14/2009
*	Football (Boys)	10 games	Districts w/byes in first playoff round Districts w/o byes in first playoff round 2A, 3A, 4A, 5A w/no spring training 4A, 5A w/spring training	8/3 8/3 8/3 8/10	11/14 11/7 11/7 11/7	12/12/2009--Division I— 1A 11-man, 2A, 3A; 1A 6-man Division I & II 12/19/2009--Division II— 1A 11-man, 2A, 3A, 4A; 4A, 5A Division I & II
**	Golf (Girls & Boys)	8 tournaments	1A, 2A, 4A, 3A, 5A	year round	4/17 4/17	5/10-11/2010 5/13-14/2010
*	Soccer (Girls & Boys)	3 invitational tournaments plus 15 games	4A 5A	11/30 11/30	3/16 3/20	4/8-10/2010
*	Softball (Girls)	2 invitational tournaments plus 19 games or 3 invitational tournaments plus 17 games	all conferences	1/22	4/27	6/3-5/2010
**	Swimming & Diving (Girls & Boys)	8 meets	all conferences	year round	2/6	2/26-27/2010
*	Team Tennis (Girls & Boys)	8 tournaments (team & individual combined)	4A, 5A	year round	10/27	11/6-7/2009
**	Tennis-Individual (Girls & Boys)	8 tournaments total (team & individual combined)	all conferences	year round	4/17	5/10-11/2010
**	Track & Field (Girls & Boys)	8 meets	2A, 3A, 4A, 5A 1A	year round	4/17 4/10	5/14-15/2010
*	Volleyball (Girls)	3 invitational tournaments plus 23 matches-all conferences	all conferences	8/3	10/31	11/19-21/2009
**	Wrestling (Girls & Boys)	8 tournaments	all conferences	year round	2/6	2/26-27/2010

\*District chair is responsible for sending certification form to the UIL office.

\*\*District chair is responsible for sending district results to regional director.