

DATE: July 2009
TO: All Superintendents and 4A/5A Principals
FROM: Charles Breithaupt, Executive Director
SUBJECT: Orientation of UIL Sponsors, Advisors, Coaches, and Directors

Section 21 of the UIL *Constitution and Contest Rules* requires the superintendent to provide an annual orientation for all grade 9-12 UIL directors, sponsors, advisors, and coaches regarding League rules, expectations, goals, purposes, and appropriate conduct during UIL contests. The orientation is intended to emphasize the leadership of the superintendent in providing consistent competition within the rules, which is crucial to the success of your UIL programs.

The Legislative Council is cognizant of the demands on the time and energies of the superintendent. Accordingly, this responsibility may be delegated to appropriate staff members. Please instruct the administrator of each campus for students in grades 9-12 under your jurisdiction to conduct an orientation for all UIL directors, advisors, sponsors, and coaches near the beginning of the school year. It might be better to have separate orientation sessions for academic coaches, music directors and athletic coaches at a time close to the beginning of their respective contest seasons.

The UIL staff has prepared the attached agenda materials and rules update. Please use as much or as little of it as appropriate in your local situation. These materials are being mailed to all superintendents and to principals of all 4A and 5A schools. As you will note, the agenda contains only the topics with references as to the location of detailed information about the topic. You will want to personalize the presentation to fit your local situation.

ACADEMIC REQUIREMENTS (NO PASS, NO PLAY)

Eligibility for UIL Participants For The First Six Weeks

UIL participants are eligible to participate in contests during the first six weeks of the school year provided the following standards have been met:

- Students beginning grades nine and below must have been academically promoted from the previous grade prior to the beginning of the current school year.
- Students beginning their second year of high school must have earned five credits which count toward state high school graduation requirements.
- Students beginning their third year of high school either must have earned a total of ten credits which count toward state high school graduation credits or a total of five credits which count toward state high school graduation requirements must have been earned during the 12 months preceding the first day of the current school year.
- Students beginning their fourth year of high school either must have earned a total of 15 credits which count toward state high school graduation credits or a total of five credits which count toward state high school graduation requirements must have been earned during the 12 months preceding the first day of the current school year.

Exceptions:

- (a) When a migrant student enrolls for the first time during a school year, all criteria cited above applies. All other students who enroll too late to earn a passing grade for a grading period are ineligible.
- (b) High school students transferring from out-of-state may be eligible the first six weeks of school if they meet the criteria cited above or school officials are able to determine that they would have been eligible if they had remained in the out-of-state school from which they are transferring.

Students who are not in compliance with these provisions may request a hardship appeal of their academic eligibility through the UIL state office.

Local school boards may elect to adopt these standards for all activities in order to avoid having different standards for student participants (e.g., football, drill team, cheerleading, and all other extracurricular activities as defined by State Board of Education rule [TAC Chapter §76]).

Eligibility For All Extracurricular Participants After The First Six Weeks Of The School Year

A student who receives a grade below 70 at the end of any grading period (after the first six weeks of the school year) in any academic class (other than an advanced class) or a student with disabilities who fails to meet the standards in the Individual Education Plan (IEP) may not participate in extracurricular activities for at least three school weeks. An ineligible student may practice or rehearse, however. The student regains eligibility when the principal and teachers determine that he or she has: (1) earned a passing grade (70 or above) in all academic classes, other than advanced placement classes, and (2) completed the three school weeks of ineligibility and seven calendar day waiting period.

All schools must check grades for all participants at the end of the first six weeks of the school year. From that point, grades are checked at the end of the grading period whether it is six, nine, or twelve weeks in length. Students who pass remain eligible until the end of the next grading period.

Mark Cousins is the UIL staff member responsible for this area. If he is unavailable, Richard Floyd can assist you.

Your leadership in all UIL matters is vital and is appreciated. Please call me or any member of the staff if we can assist you in any way.

UNIVERSITY INTERSCHOLASTIC LEAGUE
Directors, Sponsors, and Coaches Orientation
2009-2010

I. Purposes and Philosophy of the UIL

- Academic: Section 901 of the *Constitution and Contest Rules*
- Music: Sections 1100 and 1101 of the *Constitution and Contest Rules*
- Athletic: Sections 1200 and 1201 of the *Constitution and Contest Rules*
Section 1401 - 7th and 8th grade purposes.

II. Eligibility

Academic and music eligibility requirements are different from athletic eligibility. Please see the attached sheet for general requirements and the *Constitution and Contest Rules* for specific information.

	<u>High School</u>	<u>Elementary/Junior High</u>
Academic:	Sections 400 and 420	Section 1405
Music:	Sections 400, 430 and 1102	Section 1102
Athletic:	Sections 400, 440 and 1205	Section 1400 and 1478

III. Rules for Practice, Games, and Contests

- Academic: Section 901 through Section 1034 (Specific contests are outlined separately)
 - Music: Section 1102 through Section 1115
 - Athletics: Sections 1206 and Section 1208, and pertinent athletic sections (i.e., football, baseball, etc.)
- Athletic manuals: Please note the requirement in Section 1208 that a coach will receive an automatic penalty for being ejected from a contest.

NOTE: The *Constitution and Contest Rules* can be found on the UIL web site at www.uil.utexas.edu.

IV. Local Plan for Hosting Games, Meets, and Contests

The home school is responsible for facilities, officials and security. Responsibility should be designated in each of the UIL contest areas.

V. Coordinated Communications with the UIL Staff

Designate who will make the contact. If communication within a school is good, one phone call should be sufficient. In many instances, four people from a school will contact four different UIL staff members with four slightly different fact situations about a question, possibly obtaining four slightly different answers. It is always helpful if full and consistent information is furnished.

VI. Local Behavior Expectations. Outline Methods to Achieve Expectations:

- A. Coaches, directors, and sponsors
- B. Student participants
- C. Fans

VII. Goal Settings and Value Objectives:

- A. School
- B. Academic department
- C. Music department
- D. Athletic department

VIII. Other Local Items

- A. Budget for each program
- B. Scheduling to reduce loss of school time
- C. No Pass, No Play

2009-10 GENERAL ELIGIBILITY RULES

According to UIL standards, students are eligible to represent their school in interscholastic activities if they:

- have not graduated from high school,
- are full-time, day students in the school, and have been in regular attendance at the school since the 6th class day of the present school year, or have been in regular attendance for 15 or more calendar days before the contest or competition,
- meet the UIL academic standard for the first six weeks of the school year found on page 1 of this document,
- are in compliance with state law and rules of the State Board of Education,
- are enrolled in a four year program of high school courses, and initially enrolled in the 9th grade not more than 4 years ago nor in the 10th grade not more than 3 years ago,
- were not recruited,
- are not in violation of the awards rule, and
- meet the specific eligibility requirements for academic, music and/or athletic competition.

NOTE: Any time a student changes schools, it is a recommendation to check the residence of the parent(s) for varsity athletic participation and to be sure that the student complies with local transfer and admission policies. If the student has been continuously enrolled in and attending school for one calendar year and the parents leave the attendance zone, check to be sure that the student complies with local admission and transfer policies. (See Section 440.)

Understanding Rules for Scheduling Contests in Grades 9-12

- Schedules—The following combines state law, State Board of Education regulations and UIL rules. The Texas Education Agency allows participation in one contest per school week. Participation is defined as involvement with the activity (e.g., traveling with the team, sitting on the bench). Example: On a Tuesday night, the student's name is on the score book but she remains on the bench and does not actually enter the game. This counts as participation according to state law. That student cannot participate again until Friday after school. UIL limits participation in contests per calendar week in some sports. Participation is defined as a student actually entering a contest. Example: On Tuesday night, the student's name is on the score book but the student remains on the bench and does not actually enter the game. This does not count as participation in a UIL contest according to UIL but does count according to state law. That student cannot participate again until Friday after school. The Tuesday game does not count as one of the games UIL permits the student to participate in for that calendar week or for the season because the student did not go in the game.
- *Constitution and Contest Rules: Section 5: Definitions*
 - (a) Calendar week means 12:01 a.m. on Sunday through midnight on Saturday.
 - (y) School week means the week beginning at 12:01 a.m. on the first instructional day of a calendar week and ending at the close of instruction on the last instructional day of the calendar week, excluding holidays.
- Texas Administrative Code (TAC)
 - (1) One contest per school week: School districts shall adopt policies limiting extra-curricular activities from the beginning of the school week through the end of the school week (excluding holidays) by scheduling no more than one contest or performance per activity per student.
Exception: Tournaments and post-season competition, as well as district varsity contests postponed by weather or public disaster, may also be scheduled during the school week.
 - (2) Eight-hour practice rule: School districts shall adopt policies limiting extra-curricular activities from the beginning of the school week through the end of the school week (excluding holidays) by limiting practice outside the school day to a maximum of eight hours per school week per activity.

For the purposes of this regulation, the following situations are considered as one contest during the school week.

Volleyball:

- (1) A single match.
- (2) A dual match (a team plays two other teams or plays the same team twice at the same site on the same day.) A dual match counts as one of the two matches UIL permits students per calendar week and counts as two of the total matches for the student per season.)
- (3) A double header (a student may play in a varsity and a junior varsity match or a ninth grade and a varsity match at the same site the same night). A double header counts as the total two allowable matches UIL permits the student for the calendar week and counts as two of the total matches for the season.

Students could also play in a tournament the same week they participate in a single match, dual match, or double header.

Basketball and Soccer:

- (1) A single game; or
- (2) a double header (a student may play in a varsity and a junior varsity game or a ninth grade and a junior varsity game at one site the same night). It counts as the two total games the student may play for the calendar week and two of the total games for the season.

Students may not play in a tournament the same week as they play in a double header.

Cross Country, Golf, Swimming, Team Tennis, Tennis, Wrestling:

An invitational meet/tournament, dual or triangular, competition. Schools shall not enter invitational tournaments/meets scheduled on more than one school day per any one tournament.

Baseball/Softball:

- (1) A single game; or
- (2) a double header (a student could play two back-to-back varsity games or in a varsity and junior varsity game, back-to-back. Each game counts as one of the student's total games for the season.)

Students may play in additional games at the conclusion of that school week because UIL does not limit the number of games per calendar week in these two team sports.

For State regulations and UIL policies and procedures, please check the UIL website at www.uil.utexas.edu for the *TEA & UIL Side X Side* manual.

Track and Field:

Students or teams representing a participant school are permitted to participate in an invitational track and field meet only as listed below:

- (1) After 2:30 on Friday or the last day of the school week, or as early as the end of the academic school day for all participating schools on a day preceding a holiday or break. EXCEPTION: A student representing a participant school may participate in a maximum of two meets which start no earlier than 12:00 noon on Friday.
- (2) Or on Saturday or school holidays;
- (3) Or on any school day other than the last day of the school week with the following conditions:
 - (a) Students shall not miss any school time other than the in-school athletic class period.
 - (b) Events shall not begin until after the end of the academic school day for all schools involved.
 - (c) Schools utilizing this option are limited to a one day meet.
 - (d) A school or student participating in this type of meet shall not enter another track and field meet during the same school week, Monday through Friday.
 - (e) No event shall start after 10:00 p.m.

Remember that the superintendent or a designee of the superintendent is responsible for approving all athletic schedules.

Dates and times for cross country, golf, swimming, team tennis, tennis, and track and field practices (involving a school coach and student athletes from that coach's attendance zone) that are scheduled during the summer vacation shall be pre-approved by the superintendent or his designee.

2009-10 UIL Student Activities Conference Dates

The UIL will conduct four Student Activity Conferences next fall, featuring all the high school academic events at these four sites.

September 19	University of North Texas, Denton
October 3	Texas Tech University, Lubbock
October 17	University of Texas, Austin
October 31	Sam Houston State University, Huntsville

They're free! No pre-registration needed.

The conferences begin at 9 a.m. and end by 1:30 p.m. without a lunch break. Bring along light snacks for students who need a sugar or carbohydrate booster around noon.

Conferences are scheduled to minimize conflicts with SAT and ACT tests, band contests and state conventions and to maximize participation by the finest students and teachers in Texas.

Instructional sessions are designed for beginning students, advanced students and coaches. Other sessions for coaches, administrators and academic coordinators will be offered as well.

Conferences feature lectures and presentations by UIL contest directors, college professors and high school teachers. Sessions will include discussions on contest preparation, demonstrations, performances and contest administration. Students may choose from novice and advanced sessions in some academic areas, as well as small-group sessions in specific UIL activities.

Bring students! Most sessions are intended to help students begin preparing for spring contests. Mark your calendar and plan to attend one or more of these free conferences.

Tentative programs for each site will be posted on the UIL web site, and final programs will be available at each site.

C-X Debate District*	January 1 - February 13
C-X Debate State*	March 15-16, 19-20
First Week for Academic District and OAP Zone and District	March 22-27
Last Week for Academic District and OAP Zone and District	March 29-April 3
Area One-Act Play	April 5-10
Regional Academic and One-Act Play	April 22-24
State Academic	May 6-8
State OAP	TBA

*The deadline to submit required judging information for state meet without \$100 late fee and the certification deadline is February 19, 2009.

Sponsor Excellence Awards

Nomination forms are mailed to all member high school principals in June. This awards program offers a unique opportunity for principals to recognize and honor an outstanding coach, director or sponsor for their service to students and dedication to excellence. **Please note the 2009 deadline for submitting a nomination is November 1.** The nomination form is also available on the UIL web site.

2009-10 Testing Schedules

The Commissioner of Education encourages districts to avoid scheduling extracurricular activities or public performances the day or the evening before the administration of the Texas Assessment of Knowledge and Skills (TAKS) for grades 3-11.

CHAPTER 33. SERVICE PROGRAMS AND EXTRACURRICULAR ACTIVITIES SUBCHAPTER D.

§ 33.0812. SCHEDULING EXTRACURRICULAR ACTIVITIES PROHIBITED IN CERTAIN CIRCUMSTANCES.

- (a) The State Board of Education by rule shall prohibit participation in a University Interscholastic League area, regional, or state competition:
 - (1) on Monday through Thursday of the school week in which the primary administration of assessment instruments under Section 39.023(a), (c), or (1) occurs; or
 - (2) if the primary administration of the assessment instruments is completed before Thursday of the school week, beginning on Monday and ending on the last school day on which the assessment instruments are administered.

Districts are encouraged to consider the impact on students involved in the testing program before scheduling any extracurricular activity during this time period.

For current testing schedules, please refer to the following web sites:

TAKS: www.tea.state.tx.us/student.assessment/admin/calendar/index.html

SAT, PSAT/NMSQT, AP: www.collegeboard.com

ACT: www.act.org

One-Act Play Switches to Online Entry

Please Share These Changes With Your OAP Directors

Directors need to order the new *Handbook for One-Act Play 18th Ed.*

Schools participating in the One-Act Play Contest shall complete three administrative tasks during the school year: Enrollment, Title Registration and the Eligibility Notice.

The administrator will need to work in tandem with the director to get these done.

A pdf document containing detailed instructions may be downloaded from the UIL website at:

www.uil.utexas.edu/academics/drama

Click on the “Spring Meet Entry System” button. An instructional powerpoint presentation is also available.

High School On-line Entry System Calendar

Date	Responsible Party	Task
October 1	Director or School UIL Coordinator	Submit Enrollment Information via UIL Spring Meet Entry System found on the UIL website. Go to the Theatre page and click on the “Spring Meet Entry System” button.
October 1	Principal or Superintendent	Verify Enrollment via the UIL Gateway System. Go to the Theatre page and click on the “Spring Meet Entry System” button.
February 23	Director or School UIL Coordinator	Title Registration via the UIL Spring Meet Entry System. Go to the Theatre page and click on the “Spring Meet Entry System” button.
10 Calendar Days Prior to First Contest	Director or School UIL Coordinator	Submit Eligibility Notice via the UIL Spring Meet Entry System. Go to the Theatre page and click on the “Spring Meet Entry System” button.
10 Calendar Days Prior to First Contest	Principal or Superintendent	Verify the Eligibility Notice via the UIL Gateway System. Go to the Theatre page and click on the “Spring Meet Entry System” button.

Task 1: Enrollment

1. Schools desiring to enter this contest must enroll by midnight, October 1 via the UIL Spring Meet Entry System found on the UIL website.
2. Online verification by the principal or superintendent is mandatory. This is done via the UIL Gateway System found on the UIL website.

Task 2: Title Registration

The play selected for contest use shall be registered via the UIL Spring Meet Entry System found on the UIL web site no later than midnight February 23.

Task 3: Eligibility

1. The eligibility notice shall be completed and submitted, via the UIL One-Act Play Entry System, no later than midnight ten calendar days prior to your first contest.
2. Online verification by the principal or superintendent is also mandatory. This is done via the UIL Gateway System and must also be done no later than midnight ten calendar days prior to zone or district.

2009-10 Policy Rule Changes

- Shorten the time frame to identify or place overage students in 504 or special education for an athletic eligibility exception by one year. § 446 (b) (1)
- Change the process by which six-man schools calculate enrollment figures for reclassification and realignment.

2009-10 Academic Rule Changes

- Contestants will have the option to use computers in Ready Writing for grades 3-8. § 1642, (d) (4) (e)
- Includes a hands-on programming component to the district level of the Computer Science contest and adjusts points awarded. § 928 (a) (2), (d) (1) (2) (3) (5), (e) (10) (12) (19) and § 902 (m).
- A fifth crew member has been added to One-Act Play. § 1033 (c) (2) (C)

2009-10 Athletic Rule Changes

- Allow the beginning of softball practice outside the school day on the 19th Friday prior to the State Softball Tournament. § 1280 (d) (1)
- Allow regional and/or state qualifiers and alternates to enter any event at a regional and/or state track and field qualifiers meet. § 1320 (i) (2)
- Allow Golf Coaches to walk their players from green to tee as long as starting play on the next hole is not unduly delayed. Spring Meet Athletic Coaches Manual
- Alter the fee schedule for wrestling officials. § 1204 (k) (7)
- Allow Consolation Finals at regional meets in swimming.

2009-10 Music Rule Changes

- Selection of Sightreading Judge shall be consistent for both high school and middle school. § 1112 (a) (3) (B)
- Allow 4A and 5A mixed choirs that perform a majority of SAB music on stage to sightread SAB music in the sightreading room. § 1111 (g) (8)
- Have a consistent statewide penalty for a student or students failing to perform a work as designated in the Prescribed Music List. § 1108 (i) (2)
- Allow students to enroll in more than one instrumental music class for the purpose of learning a different instrument to participate in UIL Concert and Sightreading with both performing groups. § 1102 (b) (1)
- By Action of the area executive committee and approval of the state director of music, the area marching band contest may be zoned to reduce travel for participating schools. § 1106 (j) (6) (A)
- Zoned area contest must have a minimum of five bands at each contest site. One band for each five bands competing in the contest shall be certified for advancement to the state contest. § 1106 (j) (6) (B)

Athletic Rules Books

Be sure your coaches all have rules books for the activities they coach. The conduct that causes an automatic penalty to coaches for unsportsmanlike conduct is defined in the athletic rules books cited below. Be sure your staff is informed and has studied the rules of the game prior to their first contest.

Some coaches are penalized for breaking a rule due to lack of knowledge. If they have a rules book for their sport, they could avoid inadvertently breaking rules. **Superintendents should remind coaches that they are responsible for having access to UIL sports manuals and playing rules books at all times and that they are responsible for purchasing rules books prior to the first game.**

The UIL does not sell athletic rules books; however, each high school is mailed a complimentary copy of the following rules books: NCAA Football Rules, NFHS Volleyball Rules, NFHS Basketball Rules (one for girls' coach and one for boys' coach), NFHS Soccer Rules, NFHS Softball Rules, NFHS Baseball Rules. Rules books may be ordered from the appropriate organization listed below.

BASEBALL, BASKETBALL, SOCCER, SOFTBALL, TRACK & FIELD, VOLLEYBALL, WRESTLING

NFHS Customer Service
PO Box 361246
Indianapolis, IN 46236-5324
1-800-776-3462
FAX 1-317-899-7496
www.nfhs.com

GOLF

United States Golf Assoc. Order Dept
P.O. Box 2000
Far Hills, NJ 07931
1-800-336-4446
FAX 1-908-234-1472
www.usgapubs.com

TENNIS

USTA Online Store
Attention: Orders
2605 East Oakley Park Road, Suite C
Commerce Township, MI 48390
1-800-677-0275
FAX: 1-248-313-0393
www.usta.com/store

FOOTBALL

NCAA Publications
P.O. Box 361147
Indianapolis, IN 46236-5323
1-888-388-9748
FAX 1-317-899-7496
<http://ncaa.sportgraphics.biz>

Cheerleading Guidelines

The UIL requires schools to follow the guidelines found in the NFHS *Spirit Rules Book* for cheerleading stunts during UIL contests. We also encourage schools to do the same for all cheer events. The ordering information is the same as for the National Federation rules books listed above.

Coaches and Officials Positive Expectations

As required by Section 1208 of the UIL *Constitution and Contest Rules*, all coaches and officials shall attend a COPE meeting prior to their sport season.

Section 1208: ATHLETIC REGULATIONS

(i) UIL COACHES AND OFFICIALS POSITIVE EXPECTATIONS MEETING (COPE) AND REGISTRATION.

(1) *Coaches and Officials Required to Register With UIL.*

(A) The UIL Legislative Council requires all coaches and officials to complete the COPE program each year. As of May, 2008 the COPE program is available only via the UIL website.

(B)

(j) MINIMUM PENALTY FOR MISCONDUCT.

(1) *Automatic Minimum Penalty.* Any coach who is ejected from a contest for unsportsmanlike conduct, or any football coach who is given two or more 15-yard unsportsmanlike penalties during a contest, is required to appear before the State Executive Committee. If the ejection is not overturned, the coach will be subject to:

(A) an automatic penalty of public reprimand (name will be published once in the Leaguer) and one year's probation in the applicable sport; and

(B) attending an additional COPE session conducted by the UIL.

(C) completing the National Federation of State High School Associations Fundamentals of Coaching Course.

(2) *Automatic Greater Penalty.* If a coach so penalized has no proof of having attended a joint rules meeting prior to the sports season, that coach shall also be automatically suspended from the next game/contest.

(3) *Subsequent Violations.* Any further ejection or accumulation of two 15-yard unsportsmanlike penalties during a football game, while on probation, will require the coach to appear before the State Executive Committee for consideration of penalty.

(4) *Notification.* Schools must notify the UIL within three school days if a coach has been ejected from a game or received two 15-yard unsportsmanlike penalties.

INCREASING BENEFITS OF COMPETITION

HOW TO INCREASE THE BENEFITS OF ACADEMIC COMPETITION

- Appoint a campus coordinator for UIL academic contests. This person will be responsible for all materials, information and mailings regarding UIL academics including the online *Leaguer*. This person will also distribute the UIL *Constitution & Contest Rules* and calendars. All sponsors and coaches should have a *C&CR* or a copy of pertinent pages. Make sponsors and coaches aware of UIL web site.
- Emphasize academic competition. Recruit outstanding teachers to coach academic contests and pay them a stipend based on their number of contact hours outside the classroom with students.
- Plan a detailed budget and implementation schedule. Insure that all UIL academic contest dates are placed on your school's master calendar as soon as possible and avoid conflicts with proms, athletics, band, etc.
- Order study packets for contests using the Academic Order Form found online.
- Attend district planning meeting and provide input on setting the schedule to follow the conflict pattern. This meeting is typically held in August or early September. Make certain spring meet schedule is approved at this meeting, and that it is disseminated to all schools immediately afterwards.
- Prepare academic team rules, regulations and procedures. This might include everything from where to meet on the day of a trip to listing requirements for financial liability. Even if your school is not hosting the district meet, order or download a copy of the Spring Meet Handbook from the UIL web site and review it.
- Make arrangements for academic coaches and students to attend a UIL Student Activities Conference and/or the summer Capital Conference for academic coaches coordinators and speech/debate coaches.
- Find tournaments or practice meets for students to attend. Check the UIL web site for meets. Remind academic coaches to check eligibility before taking students to contests.
- Make sure academic district meet entries are submitted via the UIL Spring Meet Online Entry System at least 10 days before district meet after checking eligibility for all entries.
- Make sure seniors who have participated in the State Meet get online scholarship applications.
- Create a booster club for students competing in UIL and other academic competitions.
- Demand local media coverage for academic and fine arts activities.

HOW TO INCREASE THE BENEFITS OF MUSIC COMPETITION

- In word and action, emphasize the importance of the music, not the importance of the contest.
- Establish goals that stress progress towards musical goals rather than Division One ratings and trophies.
- Constantly take steps to enlighten students and patrons regarding the fact that success in contests is an outgrowth of learning and not an end in itself.
- Prepare students, administrators, and patrons for the subjective adjudication of music competition.
- Allow time after any competition to reflect upon the achievement of musical goals rather than the results of the contest.

HOW TO INCREASE THE BENEFITS OF ATHLETIC COMPETITION

- Teach the value of fitness: exercise, nutrition, self-awareness.
- Give student athletes thorough physical examinations and proper equipment.
- To the School Board: Clarify goals of athletics with the students' welfare being the central concern.
- To the Superintendent: Clarify educational goals of the athletic program with coaches, parents, fans. Include these goals in the job descriptions, and hire qualified people who will work toward these goals.
- To the Coach: Work with students to set personal and teams goals and achieve them. Goals should include studies and sportsmanship, as well as the skills for the game.
- To the Coach: Care about students even more than the sport. Know the players and help them handle pressure.
- To the Coach: Use your tremendous influence to help athletes set and attain high scholastic and behavior goals appropriate for individuals in the limelight of public attention.
- Cultivate good attitudes: "Give 100% no matter what the outcome."
- Recognize students' accomplishments in academics, athletics, and other activities.
- Encourage the media to recognize the academic as well as athletic progress of players.
- Continue in-service programs for sponsors, coaches, administrators. Include information on what behavior is expected of coaches and players and what is not tolerated. Explain the importance of emotional control during practice and games.

